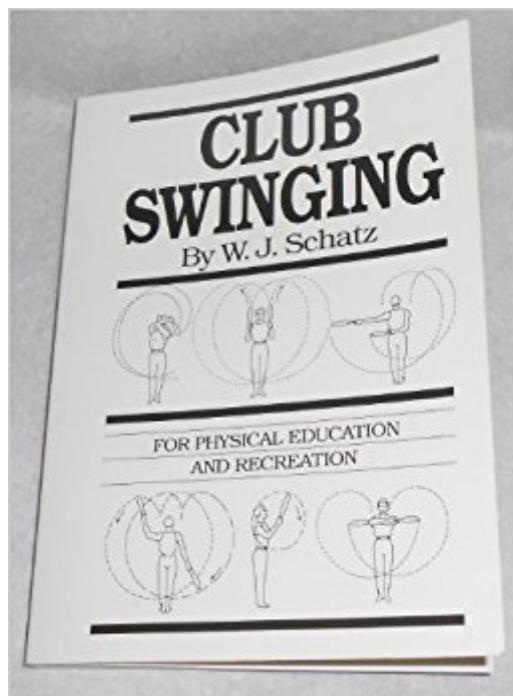


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Book Information

Paperback: 123 pages

Publisher: Brian Dube (July 1990)

Language: English

ISBN-10: 0917643089

ISBN-13: 978-0917643088

Product Dimensions: 0.5 x 5.2 x 7 inches

Shipping Weight: 5 ounces

Average Customer Review: 3.5 out of 5 stars 2 customer reviews

Best Sellers Rank: #3,587,172 in Books (See Top 100 in Books) #48 in Books > Sports & Outdoors > Individual Sports > Juggling

Customer Reviews

If you are interested in club swinging, this is one of the books you want to own. Although not as good as Doctor Ed Thomas' or Anna Semlyn's videos, one can discover enough about swinging to improve shoulder strength and mobility.

At first I was afraid to go out to bars and clubs, but my friends bought this book for me. Now we go to clubs all the time, and boy do we get the babes! "I put the GRR in swinger, baby!"

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